









December

Lancaster County

Monday	Tuesday	Wednesday	Thursday	Friday
1 4oz Sloppy Joe 1/2c Spinach 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie Margarine	2 Roasted Garlic Pork Loin 1/2c Peas 1/2c White Rice 1/2c Fresh Fruit Dinner Roll Margarine 	3 Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Whole Wheat Bread Cookie	4 3oz Kielbasa with 1oz Kraut 1/2c Haluski 1/2c Mixed Vegetables 1/2c Applesauce Hot Dog Bun Margarine	5 Stuffed Pepper Casserole 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding Margarine
8 General Tso's Chicken 1/2c White Rice 1/2c Oriental Blend Vegetables 1/2c Mandarin Oranges Cookie 	9 3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll 1/2c Applesauce or Cookie Margarine 	10 Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Spiced Fruit Whole Wheat Bread Margarine 	11 Cheeseburger 1/2c Seasoned Potatoes 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun	12 3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit Margarine
15 3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun Pineapple & Mandarin Oranges	16 Grilled Chicken 1/2c Creamy Pasta 1/2c Peas Breadstick 1/2c Peaches Margarine	17 Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Gelatin Margarine	18 Christmas Dinner! Chicken Cordon Blu 2oz Country Gravy 1/2c Mashed Potatoes 1/2c Sweet Peas & Carrots 1 Dinner Roll Apple Pie	19 French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans Fresh Orange Hoagie Bun Margarine 
22 4oz Sweet & Sour Pork 1/2c White Rice 1/2c Peas & Carrots Wheat Bread Fresh Fruit Margarine	23 Meatball Sub (3 Meatballs) w/ 1oz Mozzarella Cheese 1c Loaded Potato Soup 1/2c Side Salad w/ Dressing Hot Dog Bun Fresh Fruit	24 3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Applesauce Margarine	25 Christmas Day! 	26 3oz Grilled Chicken Parmesan w/ 1oz Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Peach Crisp 
29 3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Seasoned Potatoes 1/2c Peas Wheat Bread Blushed Fruit 	30 3oz Roasted Pork w/ 2oz Sauerkraut 1/2c Mashed Potatoes 1/2c Green Beans Dinner Roll Oatmeal Cream Pie Margarine	31 New Years Eve! Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Breadstick 1/2c Gelatin Margarine	